

# **BUNKER PARK STABLE, INC.**

Entrance at 550 Bunker Lake Blvd. NW Andover, MN 55304

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*STABLE PATHWAYS*  
*BPS SPECIAL NEEDS DEPARTMENT*

July 1, 2010

## **VOLUNTEERS NEEDED to assist riders living with disabilities**

Bunker Park Stable has been offering Special Olympics coaching for special needs gifted athletes for several years. Recently, we expanded our special needs programming to include those who may be unable to perform at a Special Olympics' level. Horseback riding is a therapeutic and challenging activity with a multitude of benefits. It can improve balance, stability, muscle tone, flexibility, core strength, focus, coordination, and confidence. We offer adapted programs so that a broader scope of people living with disabilities can experience the benefits of horses.

This is a very rewarding experience – and we can't do it without volunteer support. You don't have to know anything about horses or people living with disabilities - we will train you!

### ***We will be offering Group Lessons (up to six clients), as follows:***

Commitment: Six or Twelve Weeks

Dates: "Fall 1" = Mondays, September 13, 20, 27; October 4, 11, 18

"Fall 2" = Mondays, October 25; November 1, 8, 15, 22, 29

Students' Ride: 5:00 – 6:00 pm and 6:00 – 7:00 pm

Your Time: 4:00 pm – 7:30 pm

(horse prep begins at 4:00, if you can not join us for that, then please arrive by 4:45)

We understand that there may be a day or two that you have another obligation, but we do ask that you commit to class most dates of whichever session(s) you choose. It's important for class consistency to have regular volunteers in attendance – and it's important to the students, too!

Please contact me if you have any questions or you wish to receive paperwork to start your participation in this exciting program. Thanks!

Sincerely,

Patti Franz  
Therapeutic Riding Coordinator